

Creation of Youth Exchanges on Sustainability, Theatre and Music



ERASMUS+ TRAINING COURSE

**Ecohousing Valdepiélagos (Madrid), Spain
From the 24th to the 30th October 2019**

Table of contents:

1. General information about the project
2. Travel information
3. What to bring
4. Food and accommodation
5. Contact details and how to apply

1. General information about the project

This training is a networking event for youth workers and young people who would like to create Erasmus+ Youth Exchanges on sustainability in ecovillages or rural projects using theatre, music and performative arts as a tool.

Networking is very important during the training. The participants will share ideas for projects and start working on the most inspiring ones in small groups. They will have an opportunity to create an action plan to be developed with concrete steps to follow when they get home.

WHO CAN APPLY?

There will be 24 youth workers from Spain, Italy, Slovenia, Denmark, Greece, Portugal, Serbia, Finland, Ukraine and the Netherlands. They should be interested in applying to the deadline in February 2020 with their own Youth Exchange.

PROGRAM

The main focus will be on how to implement Youth Exchanges in ecovillages and rural projects using theatre and music as a tool to share values. We will train the participants on:

1. How to write and submit a Youth Exchange application
2. How to read and use easily the Erasmus+ guide
3. How to reach partners for a Youth Exchange
4. How to develop a project from the initial idea to the final evaluation
5. How to identify common ground and common goals to offer in an intercultural experience with young people
6. Why and how to use theatre and music as a tool
7. Good practices in Youth Exchange implementation.

FULLY FUNDED!!!

The training is funded by the Erasmus+ program: activities, food and accommodation are included. The travel costs will be refunded at the end of the project. Each participant has to buy its own tickets and at the end of the training the travel costs will be refunded. Take into account a small fee can occur if ticket prices are exceeding the maximum refund amount:

- 180 euros maximum for participants from Spain or Portugal,
- 275 euros maximum for participants from other countries,
- Exceptions are allowed for participants from further countries who may face higher rates of flight prices (Greece, Serbia, Finlandia and Ukraine).

Please, contact the organizers before purchasing any ticket in order to check your travel.

Write an email to Luisa for this coordination mlgarachanacarpintero@gmail.com

CERTIFICATION

Participants will get a Youth Pass Official Certification by the European Union.

2. Travel information

Participants should arrive to Valdepiélagos on the 24th of October in the afternoon and leave on the 30th of October.

Travel costs will be reimbursed upon submission of travel tickets. Please remember to keep all the original travel tickets and boarding passes and give them to the coordinators. We will reimburse you by bank transfer during the training.

It is possible to travel outside of these dates, but only two days before and two days after. Any stay outside the activity period is completely on your own arrangement, and the host organization cannot take any responsibility outside above mentioned activity dates.

By plane: the nearest airport is Barajas Airport, 50km away.

By metro: there is a metro from the airport until the bus station in Plaza Castilla (30 minutes trip approximately). The trip from Plaza Castilla (in Madrid) to Valdepiélagos takes around 1 hour.

By bus: from Plaza Castilla (Madrid) until Valdepiélagos (or Talamanca if there isn't any other possibility). From there the organization will pick you up.

The last bus on the 24th of October is at 8pm until Valdepiélagos and 11:30pm until Talamanca (https://www.crtm.es/datos_lineas/horarios/8197H1.pdf) and the first one on the 30th of October is at 7:30am (https://www.crtm.es/datos_lineas/horarios/8197H2.pdf). This travel takes around another hour.

By taxi: taxi fares cannot be reimbursed, if you decide to take a taxi, it will be at your own expense.

Please, contact the organizers before purchasing any ticket in order to check your travel.

Write an email to Luisa for this coordination mlgarachanacarpintero@gmail.com

3. What to bring

- Laptop to create the project (it is advisable but not necessary)
- Pen-drives/external hard drive (advisable but not necessary)
- Notebook and pens for notes
- European Health Insurance Card
- All the original travel tickets
- Ecological and biodegradable shampoo, toothpaste and soap
- Comfortable clothes
- Comfortable shoes for working, walking and being outside or being barefoot :)
- Swimsuit and towel
- Raincoat and warm clothes (the weather can quickly change)
- Musical instruments and games
- Your special needs, medication, etc.
- Your best smile :)

4. Food and Accommodation

Meals will be vegetarian, and we will try to provide for special diets if necessary. Please inform us if you have special needs and write it down in the application form.

Concerning drugs and alcohol we would like to make it clear that there is a no-drugs and no-alcohol policy during all the training.

The accommodation will be in individual, double or triple rooms, in different houses in the eco-housing. If you have any priority, let us know.

You can bring your sleeping bag with you, but it isn't necessary. We will provide mats and extra blankets, but not towel.

5. Contact details and how to apply

To expand the information or apply, please write the contact person for your country or the Spanish coordinator. If you have any questions, we will be happy to answer!

Spain: Alejandro from Teatro Sol y Tierra alej.guidotti@gmail.com

Italy: Manuela from RIVE internazionale@ecovillaggi.it

Slovenia: Petra from Zavod Veles petrajazbec33@gmail.com

Denmark: Carmen from Non-Formal Co-Creative Wizards carmen.cs.medina@gmail.com

Greece: Sheila from The Southern Lights sheiladarnos@gmail.com

Portugal: Sara from 3 Compassos associação saraarodrigues@gmail.com

Serbia: Katarina from Zeleno doba katarina.zelenodoba@gmail.com

Finland: Irina from GEN-Finland irina_katila@hotmail.com

Ukraine: Iryna from Iskra info@ngo-iskra.org.ua

Netherlands: Mieke from GEN-NL mieke.elzenga@gmail.com

Thank you for your interest and your motivation to be part of this project!

